



CETP INHIBITORY ACTIVITY OF CERAMIDES, ISOLATED FROM THE GORGONIAN *ACABARIA UNDULATA*

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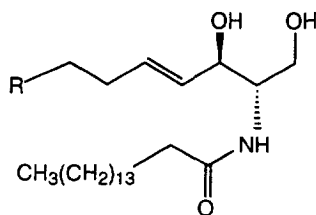
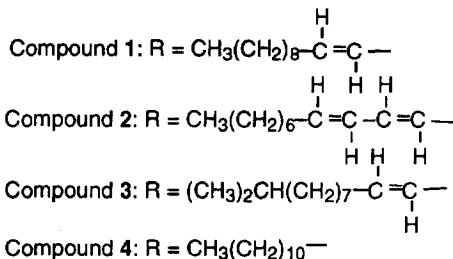
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Abstract: Four ceramides, isolated from the gorgonian *Acabaria Undulata*, and sphingosine analogs exhibited significant cholesteryl ester transfer protein (CETP)-inhibitory activity. The ceramides 1, 2, 3, 4 and N,N-dimethylsphingosine inhibited human CETP with IC₅₀ values of 46.8, 57.3, 86.3, 65.6 and 6.3 μM, respectively.

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The plasma cholesteryl Ester Transfer Protein (CETP) is a lipid transfer protein, which mediates the transfer of cholesterol ester and triglyceride between high-density lipoprotein(HDL) and other low-density lipoproteins (VLDL, LDL).¹ Evidences from transgenic mouse and genetic deficiency human indicate that elevation in CETP activity strongly relates to the development of atherosclerotic cardiovascular diseases.^{2,3}

In the course of our screening program for CETP inhibitor from natural sources, we measured the inhibitory activities of ceramides, isolated from the extract of the bright red gorgonian *Acabaria undulata* Kukenthal⁴, against CETP our screening method.⁵ To survey the inhibitory activities of sphingosines, sphingosine, dimethylsphingosine, galactosyl sphingosine, dihydrosphingosine and sphingosyl-phosphorylcholine were also tested under the same condition as did for ceramides.⁶



The inhibitory activities of the compounds and U-106305,⁷ which was one of well known CETP inhibitors, were summarized in Table 1.

Table 1. Inhibitory activity of CETP by Sphingosine derivatives

Compounds	IC ₅₀ (μ M)	Compounds	IC ₅₀ (μ M)
Compound 1	46.8	D-Sphingosine	11.5
Compound 2	57.3	1- β -D-Galactosyl sphingosine	19.7
Compound 3	86.3	DL-erythro-dihydrosphingosine	12.9
Compound 4	65.6	Sphingosylphosphorylcholine	156.9
U-106305	25.0	N,N-Dimethylsphingosine	6.3

The inhibition of CETP by these compounds ranged from an IC₅₀ of 156.9 to 6.3 μ M. Dimethyl sphingosine showed the strogest inhibitory activity in comparision with other analogs.

Ceramides were extensively studied as a secondary messenger for kinases and transcription factors.⁸ Although the cerimides only mildly inhibit CETP, the results are of interest in connection with the biological activities of the compounds.

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